

HELENTRELOAR.COM

confidante

Senior Executives

Business Owners

Board Members

Leadership can be a lonely experience. There may be times when you feel stuck or just want someone you can go to and brainstorm with, without looking over your shoulder or worrying about the effect on your career or good-standing with your peers or employer. Maybe you are the employer and just need someone to go to for support and an experienced point of view. You may even like the idea of being challenged by an external provider, to achieve even more in your role.

The Confidante relationship is one of trust and champion. Your go-to professional Coach|Mentor who will ground your emotions and explore your challenges with you, without taking them on as a burden. More than this, your Confidante will support and assist you to move forward with confidence.

As an experienced CEO, Coach, Mentor and Trainer, I bring a comprehensive tool-kit to the relationship in a practical and flexible manner. The focus is upon YOU and your needs.

Hire Helen as your Confidante...

As and when required (60 minute sessions)

3-month period (access as agreed)

12-month period (open access phone/email Mon-Fri 8am to 8pm)

Book your complimentary 30 minute discovery call NOW.