

communication

Keynote | Presenting
Pitching from Stage
Managing | Leading
B2B | B2C
With self & others

When communicating effectively with self, we are confident, resourceful, grounded and flexible. We have the foundations of resilience and can face challenges with optimism.

When communicating effectively with others, we have the attention (connection with) of the other party and trust develops. With connection and trust, influence begins. The key ingredient to resolution, acceptance, change and creative strategy is influence built upon trust. It is a process that starts with understanding human needs and learning how to interact and converse with those needs ethically and effectively. Add empathy and EQ to this equation and you have prime influence - to be used for the common good.

Hire Helen as your...

Keynote Presenter
Keynote/Presenting Trainer
Communication Coach (How to communicate effectively with your team)
Communication Trainer (How to hit the mark in every environment)
To mediate and resolve employee/team conflict
To resolve B2C or B2B conflict
CX mapping (Designing effective communication strategies with customers)
Executive Coach (Re-set your negative self-talk and un-resourceful choices)

Book your complimentary 30 minute discovery call NOW.